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| Date 31/10/2015 | Clinician | | | Questionnaire | | | Attachment |
| Notes : Rakhee 18 year old girl educated upto 10 standared. Started illness in the year 2011 after travelling to Wayanad.First episode was in the year 2011 with decresed sleep,smiling to self, physical violence,talking to self,decreased appetite,hearing voices in ear with duration of 4 weeks. Next episode was in the year 2014 june with decreased sleep, worthless feeling, tiredness, fear,hearing voices in ear which lasted for 2weeks.Family history of mental illness to father. Plan: T. Cital 10 mg hs; T Sod Val 200-0-500 mg; r/v 1 week.  07/11/15: Better; Plan: Incr T Cital 20 mg hs; r/v 1 week.  14/11  21/11/15: Low mood;Plan: Decr Sod Val 200 mg bd; Incr T Cital 40 mg hs; T THP 2mg 1-0-0; r/v 1 week. r/v 1 week.  28/11/15: IQ related issues,behaviour problems present,no significant improvement; Plan:Incr T VenlafaxineXL 75 1-0-1 ; r/v 2wk  12/12/15: C/o fear,? delusion of persecution, ? hearing voices; Plan : Incr T Risp 2mg 0-0-1; r/v 1wk.  19/12/2015: c/o hearing of voices,mood low; Plan: Change T THP 2mg 1-0-0;Incr T Venlafaxine 75-0-150 ;r/v 2wks.  02/01/16: Depressed. Plan: Incr T Venlafax 150 mg bd; r/v 2 wks.  16/01/16: Depressed and added T Mirtaz 15 mg hs. Stop T Venlafax; 1 week ago. But found same. No change; Plan: Incr T Mirtaz 45 mg hs; r/v 1 wk.  23/01/16: Not taking T Mirtaz due to cognitive disturbance;Plan: Stop T Mirtaz; r/v 1 week.  30/01/16: Much better. Mood improving; Plan: r/v 2 wks.  27/02/16: Better; r/v 4 weeks.  26/03/16: Stable; r/v 1 week.  02/04/16: Reasonably well. Plan: r/v 2 wks.  16/04/16: Reasonably well. r/v 3 wks.  21/05/16: WELL. R/V 1 Mo.  11/06/16: Well. r/v 1 mo.  09/07/16: Worse; low mood. Plan: Start T Mirtazepine 15 mg hs; r/v 1 week.  30/07/16: Fear occationally; r/v 2 wks.  13/08/16: Over all better; r/v 2 wks.  03/09/16: Over all better but still feared. Plan: Incr T Mirtaz 30 mg hs; r/v 2 wks.  17/09/1: Same; r/v 1 week.  24/09/16: Same; Plan: Incr T Mirtaz 45 mg hs; r/v 2 wks.  08/10/16: Decr sleep, staring at pple, going out. Plan: STOP T. Mirtazep and RESTART T. Sodi VAlp 200mg Incr T. Risp 3mg 0-0-1, START T. THP 2mg 1-0-0. R/V 1 week.  15/10/16: Same; Incr T Sod Val 200 mg bd; Incr T Risp 4 mg hs; T THP 2mg 1-1-0; r/v 1 week.  22/10/16: Same; Sedation; Plan: Red T Risp 2 mg hs; r/v 1 week. | | | | | | | |
| Diagnosis: Bipolar affective disorder  No: | | | 3 Month Clinical Outcome | | | Medication | |
| Patient Number | | 9 | | |
| Patient Forename | | Rakhi | | |
| Patient Surname | | R | | |